



## **BRA PRACTICE START PROCEDURE**

- 1.** You will be placed on allocated grid spots in the collecting area, this is near where you had your bike noise tested in the morning. There's a "Dummy Grid" there to help you orientate your position relative to other riders. (Grid positions will be available on the day)
- 2.** You will be sent to the grid under instruction from the Collecting Area Marshal.
- 3.** Form up on your grid spot (there will be row markers in the trackside grass to assist you), once the grid is formed, the Chief of Startline will instruct the whole grid to go on a warm up (sighting) lap as follows: The Chief will lower his Red flag, point the red flag at the starter, and walk off the circuit, the Starter, who is on the pitwall by the startline box, will wave a green flag, and all riders will proceed on their warm up lap at one and the same time.
- 4.** This is the signal to the whole grid to ease off onto the warm-up (sighting) lap...  
**this will be at a slow pace and as a group. You should maintain your position relative to other riders and not attempt to overtake.**
- 5.** All riders will reform back on the grid in their original grid spots.  
We are now ready for a practice start.
- 6.** Each row will have a Flag Marshal in front of that row with a red flag.  
They will "hold" each row as those on rows ahead do their practice start.
- 7. Each row will have its own practice start.**
- 8.** Chief of Startline will stand before the grid with Red Flag held aloft.  
He will slowly lower the flag prior to the start procedure commencing:  
He will raise his flag and move off the circuit whilst pointing to the light gantry. NOW IS THE TIME TO  
FOCUS ON THE LIGHTS!
- The Red lights will come on for 2-5 seconds, when they go out, that is the indication to start. IT'S RED LIGHT "ON" then RED LIGHT "OUT" to Start.**
- 9.** Flag Marshall on row 2 will hand the row over to Chief of Startline once the Chief of Startline is back in position. The same sequence will occur then for row 2.
- 10.** We will continue until all rows have gone.
- 11.** Meanwhile bikes that have done their practice start must proceed slowly to Clark Curve where a Marshal will hold you in the circuit.
- 12. You will then proceed back to the grid, to your original position. We will then do a further practice start, this time 3 rows going off each time.**
- 13.** After this second start proceed slowly to Clark Curve where a Marshal will direct you down the pitlane entrance road, back to your garage for a de-brief with your Instructor.

**If you experience any problems whilst on the grid prior to the commencement of the warm up, and or practice start, you must immediately raise your arm and clearly signal to one of the trackside marshals who will deal with the problem. Please ensure you observe all flags and be especially vigilant for riders who may be experiencing a problem on the grid.**